mondays

* 7:00 am zazen (sitting meditation)
* 7:40 am morning service - (chanting service)

6:00 pm zazen
6:40 pm evening chanting service

* *last monday of each month, no morning schedule*

tuesdays

6:00 am zazen
6:40 am kinhin (walking meditation)
6:50 am zazen
7:20 am chanting service
7:40 am soji (brief temple cleaning)

* 6:00 pm to 7:00pm queer meditation space *

wednesday - fridays

6:00 am zazen
6:40 am kinhin
6:50 am zazen
7:20 am chanting service
7:40 am soji

6:00 pm zazen
6:40 pm chanting service

***thursdays** study hour (buddhist text) 7:30pm*

saturdays

6:30 am zazen
7:10 am chanting service
7:25 am soji
8:30 am drop-in instruction
9:25 am zazen
10:15 am dharma talk
11:00 am refreshments/social *

** if a ceremony applies it will occur before social time*





Skeletons

Since life in the human world is uncertain, it is not a matter of awakening to this just now for the first time. Since it is a way to become detached, the sorrow of the world is quite happy.



Why adom a mere temporary form? Didn't you know it had to be [temporary] like this?

The original body must return to the original place; don't seek out where you won't go.

Nobody understands life; there is no dwelling place --
when you return, you must become the original earth.

Although there are many paths up the base of the mountain, we see the same moon on the high peak.

Since where you are going you don't establish a home there, there's not even a road to get lost on.

Having no beginning or end,
one's mind should not be thought of as being born, or dying.

Left to do as it will, the mind doesn't even think things through -- better to have controlled it & given up the world.

Rain, sleet, snow, ice -- as such they may be different, but when melted they're the same valley stream water.

Although the path of the liberated mind may change, behold the same law of the cloud dweller.

Skeletons



Please help support our Temple, Dharma Study, Resident Student Program, Our Practice Schedule, & the Space & Programs offered to the Public.

Donations are tax deductible we are a 501-C 3 non-profit

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A straight path buried under the fallen pine needles; hardly do we realize it is a house where people dwell.



How hopeless, the trip to the funeral pyre -- as the fallen, they must stay. [Is it transitory, the trip to the burning pyre? as the fallen, they must stay.]

Tired of the world, how long will you see the evening smoke of the pyre as another's sorrow?

How fleeting, the faces of the people whom we saw only yesterday, as they vanish into the smoky evening.

So sad, the evening smoke of the funeral pyres; only the sky is left behind by the wind, as it

was before.

Of what becomes ash when burnt, earth when buried,
what could be left as sin?

The sins committed up till the age of three all disappear together, as does eventually the self.

This must be what is certain in the world

Zen Matser Ikkyu's Skeletons - TR. Thomas Cleary

~ upcoming events ~

dharma talks @10:15am, saturdays

_____ hszc speakers _____

Myō Lahey - Oct 1,15,29
Daiko Tanzen, David Bullock - tbd

_____ guest speakers _____

Rev Ryuei, Micheal McCormick of Nichirin tradition Oct 8; *Rev Elaine Donlin of Jōdo Shinshū tradition Oct 22;* Zenshin Greg Fain - nov 5; *Ko Shin Steven Tierney - dec 17;*

we began to offer a queer meditation space evening, on every tuesday 6pm , please join us. no formal zen forms, a shorter mediation period than our usual zazen & discussion time, social time included. the format is designed to evolve to the desires & request of the attendees. it is from 6pm to 7pm.

sangha council - TBD - council runs for ~ 90 minutes — we're continuing this format that is flexible enough for a diversity of needs. the primary focus has been recently on operational matters & new programs. the session is open to added topics as well & you do not need to have an 'issue' or overt concern to attend. All are welcome

full moon ceremony saturday; Oct 15 @11am - full harvest moon -this is the month when the leaves are falling & the game is fattened. Now is the time for hunting & laying in a store of provisions for the long winter ahead. October's Moon is also known as the Travel Moon & the Dying Moon.

Darumaki - memorial service for Bodhidharma - Oct 1st @11am

Bodhidharma was the first Ancestors of Zen in China & also known as Bodai Daruma Daishi.

Bodhidharma died on October 5th & this is the date on which his death is commemorated in Japan. This ceremony includes our feeling of gratitude to Bodhidharma as well as a prayer for a good harvest in the next year. There is also the wish expressed that those who participate in the ceremony

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study hour - thursdays @7:30pm - selected Studies of Zen Master Dōgen. see our website for details. So far all have been from the Dōgen Shobōgenzo version compiled & translated by Kazuaki Tanahashi.



sejiki! - oct 29, 2016 @ 11am - a ceremony to comfort the ancestral spirits, is an important ceremony in the soto zen school. at every temple, this ceremony is performed as a way of making offerings to the family ancestors, to one's parents, relatives, & spirits of other people we are connected with, as well as for spirits that are no longer connected to any person. **please join us for this event, costumes encouraged!**

closure & schedule changes:
last monday of each month - no morning program, only evening schedule

closed monday oct 31 after the festivities for halloween in the Castro

founder monthly memorials - Issan Dorsey's is the **6th** of each month & Philip Whalen's is the **26th** (or closest dates to these if cant be on that day) - evenings at 6:40pm or saturday mornings

practice discussions at hszc are available with Rev. Daiko Tanzen, David Bullock & Dokusan with Rev. Myo Lahey please call us, approach them directly, or email: hszc108@yahoo.com to request to schedule time.



castro street fair - the first sunday of every October for 43 years now, the neighborhood hosts a fun event for the local residents & friends; this year it is Oct 2nd

transcribed by sangha-

words from our Abbot, Rev Myo Lahey:
What we call buddhism, buddha-dharma or the buddha way is all about how to manage birth & death. This is one way about talking about the main challenge for sentient beings & how sentient beings manage or fail to manage birth & death determines by & large what happens in our world. Based on that, I am inclined to think mostly we aren't managing it very well... One way that sentient beings try to manage birth & death, of course, is to try & get hold a as large of a piece of it as they can, & then & then arrange it according to their likes & dislikes & again most people can't do that. And even large corporations that are supposedly dedicated to aiding those less fortune seem to be very corrupt... so pretty much ever since there have been human beings, old age sickness & death hasn't changed much, a little bit, & you can say those are three things, old age, sickness & death, but actually they are one thing... something about the viewpoint of the sentient being pushes us to regard ourselves as outside birth & death or birth & death is outside us & that mistaken point of view leads to all kinds of misery.

08 13 2016 hszc dharma talk

the magoa caves of dunhuang, china - replica, exhibit at the Getty some sangha & community friends trekked to Los Angeles to see this exhibit. here is a video on the exhibit. this is a picture some shared below from the exhibit:



if you missed it, or even if you did not miss it you can tour over 30 of the actual caves digitally, here in 360 degree in interactive view.

2016 San Francisco, CA - a buddhist walk to feed the hungry - Sat, Oct 15, 2016
raise money for the poor & hungry around the world



hszc new informal meditation group - started sept 27th



HIV meditation group; weekly meditation group for those living with HIV, their friends, families, community supporters & anyone who wants to join us!
thursdays & fridays
10:30am zazen
11:00am garden socializing

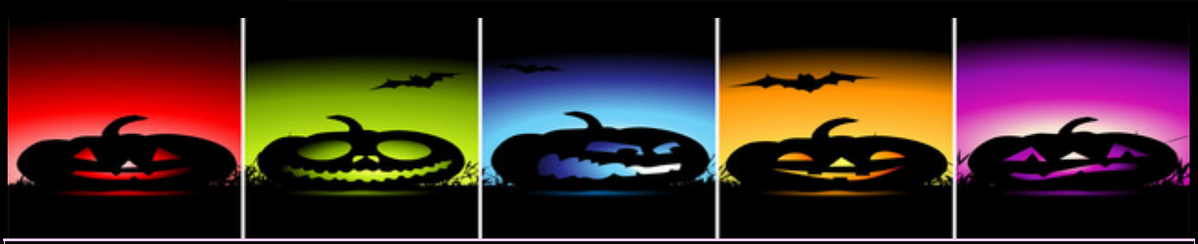
meditation in recovery; weekly meditation group for men & women in recovery from addiction
fridays, 7:30pm - 9pm

(women only) meditation in recovery; monthly meditation group for women in recovery from addiction
first thurs, 7:15pm -8:45pm

(men only) meditation in recovery; a monthly meeting for men in recovery from addiction
3rd thurs of every month, 7:30pm-8:30pm

board of director meetings; you're invited to attend & observe!
second weds of each month, 7:30pm

word of the month - **Avīci** - ***pronounced like: a vee chee*** (Sanskrit & Pali for "without waves" – Japanese & Chinese: 無間地獄, Wújiàn diyù & 阿鼻地獄, Ābí diyù) or Avichi, is the lowest Level of the Naraka or "hell" realm, into which the dead who have committed grave misdeeds may be reborn. It is said to be a cube 300,000 kilometers side to a side, buried deep underneath the divine (nonvisible) earth. Often translated into English as "interminable" or "incessant",due to the idea that those beings which have been sent there languish there eternally. The other hells function more like Purgatory, where after perhaps a few eons of suffering, one might be reborn as some sort of lower life-form in a somewhat less horrible place; but, those sent to Avīci Hell are thought to be hopeless of any respite.



Abbot, hartford street zen center --- Reverend Myō Lahey ---

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please submit stories, reflections, personal news, artwork & photography for future newsletters to KeiDo at

tetsugen.keido@yahoo.com



may this newsletter find you well
& equanimous! __/|__

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please contact us for rental space & events, ceremonies performed by a zen priest - weddings, memorials, coming of age & baby naming events

find other sf & bay area lgbtqqi/queer community events & venues here - or - here